

People of Distinction Humanitarian Awards Committee Member



Nomi Bachar is a counselor and self-actualization expert.

Nomi Bachar is the founder and Director of the White Cedar Institute for Expanded Living, LLC, and the creator of the Gates of Power® method. The Gates of Power® website is <http://www.gatesofpower.com>. Ms. Bachar is dedicated to the art and craft of human growth and transformation. She is trained in psychodrama, Gestalt, bioenergetics and primal therapy – all psychotherapeutic modalities that utilize expression, creativity, imagination, and intuition. Nomi has been counseling and coaching for over 25 years, as well as lecturing, leading groups, training individuals and facilitating workshops. She is currently working on her much-anticipated book release on the Gates of Power® method called "Gates of Power: Mastering the Channels of Empowerment."

Nomi has worked as an actress, director, and choreographer in the United States and in Israel using multi-media platforms. She integrates her creative skills into her counseling work and is the founding member of Inner-Landscapes Dance Theater.

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